



**PALMERS CROSS**  
Primary School

**Preparing For Relationships Education and Health Education  
from September 2020 – Parent Consultation**

# What is changing?

- From September 2020, Relationships Education and Health Education will become a statutory subject in all schools
- These are not new subjects to us as we have always taught about health and relationships through Personal, Social, Health and Economic education (PSHEe) lessons, but the framework we work from has been updated

# What is included in the new curriculum?

## Health Education

Primary schools should cover:

- Mental wellbeing
- Internet safety and harms
- Physical health and fitness
- Healthy eating
- Drugs, alcohol and tobacco
- Health and prevention
- Basic first aid
- Changing adolescent body

# What is included in the new curriculum?

## Relationships Education

Primary schools should cover:

- Families and people who care for me
- Caring friendships
- Respectful relationships
- Online relationships
- Being safe

# What is included in the new curriculum?

## Example

### Being safe

#### Pupils should know

- what sorts of boundaries are appropriate in friendships with peers and others (including in a digital context).
- about the concept of privacy and the implications of it for both children and adults; including that it is not always right to keep secrets if they relate to being safe.
- that each person's body belongs to them, and the differences between appropriate and inappropriate or unsafe physical, and other, contact.
- how to respond safely and appropriately to adults they may encounter (in all contexts, including online) whom they do not know.
- how to recognise and report feelings of being unsafe or feeling bad about any adult.
- how to ask for advice or help for themselves or others, and to keep trying until they are heard.
- how to report concerns or abuse, and the vocabulary and confidence needed to do so.
- where to get advice e.g. family, school and/or other sources.

# Why is it important to schools?



## Promoting fundamental British values as part of SMSC in schools

Departmental advice for maintained schools

November 2014



## Keeping children safe in education

Statutory guidance for schools and colleges

September 2019



## School inspection handbook

Handbook for inspecting schools in England under section 5 of the Education Act 2005



## Academies Act 2010



## Equality Act 2010



## Education Act 2002



## Children and Social Work Act 2017



## Children Act 2004

# How will the new content be delivered?

Relationships and Health Education will be covered through our Personal, Social, Health and Economic education (PSHE) lessons.

PSHE lessons are taught weekly by class teachers.

Lessons are an opportunity to discuss and learn about key issues our children face and changes they will inevitably go through as they grow up.

PSHE lessons are always age appropriate and adapted to meet the needs of the children in each class. Issues are discussed sensitively and safely.

# Why is PSHEe important to schools?

Our children are growing up in a complex world, living their lives on and offline. It is our role to teach children how to be safe and healthy and to be able to face the challenges ahead with confidence. PSHE enables pupils to understand feelings, make healthy choices, share opinions, to recognise that bullying is wrong and know how to stay safe. It allows children to develop their own sense of worth and respect others. It prepares them for bodily and emotional changes at puberty. Teaching covers all statutory relationship and health objectives in order to ensure a deep understanding of the features of healthy relationships, how to stay safe (including online) and how to look after their own physical and mental wellbeing. The subject also introduces a range of jobs to pupils and prepares them to look after and save money. It exposes pupils to some of the different beliefs and values in society, and teaches them to demonstrate respect and tolerance towards people different from themselves.

# Why is PSHEe important to schools?

PSHE education makes a major contribution to schools' statutory responsibilities to provide a curriculum that is broadly based, balanced and meets the needs of all pupils. Our curriculum *promotes the spiritual, moral, cultural, mental and physical development of pupils at the school and of society, and prepare pupils at the school for the opportunities, responsibilities and experiences of later life.* It also supports the teaching of British values in line with the definitions identified in the 'Prevent Strategy values' 2011.

# Why is PSHEe important to schools?

PSHE prepares pupils to manage many of the most critical opportunities, challenges and responsibilities they will face growing up. It also helps them to connect and apply the knowledge and understanding they learn in all subjects to practical, real-life situations while helping them to feel safe and secure enough to fulfil their academic potential.

# How have we prepared for the changes?

- We have redesigned our PSHE curriculum to encompass all the new guidance. This is based on the Programme of Study from the PSHE Association
- We have reviewed our resources against the new requirements and decided to improve our offer to our children with some new resources, including 1Decision which offers interactive videos which are engaging and age appropriate
- We will monitoring these lessons very closely this year to see how effective they are for pupils and teachers

# Relationships and Sex Education

Relationships Education forms part of our PSHE curriculum and these lessons are statutory – there is no right of withdrawal from these sessions. Statutory objectives are highlighted in **bold** in our new curriculum.

# Relationships and Sex Education

Sex Education is delivered to pupils in Year 6. While parents have the right to withdraw pupils from aspects of sex education that is not in the National Curriculum, we believe that this aspect of PSHE education plays a vital part in helping to meet school's responsibilities to safeguard our pupils.

A letter will be sent to families before this is taught, detailing the content of the lessons and parents can view any resources used to support teaching if they wish.

# What else do parents need to know?

Please review these key documents which are saved onto the website:

- DfE parent guidance document
- School SRE policy
- PSHEe Curriculum

# What happens now?

- Our new curriculum will be delivered from September 2020
- We will continue to review the curriculum by working with teachers and pupils to make the new lessons as effective as possible
- Please take a look at our RSE Policy and PSHE curriculum and let us know your thoughts by emailing the school address:  
[palmercrossprimaryschool@wolverhampton.gov.uk](mailto:palmercrossprimaryschool@wolverhampton.gov.uk)

**Thank you for taking the  
time to support our  
curriculum development.**