

## Palmers Cross Primary School

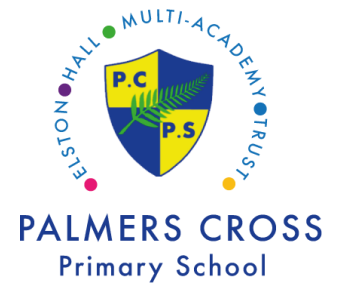
Address: Windermere Road, Wolverhampton WV6 9DF

Telephone: 01902 558322

Email: [palmerscrossprimaryschool@wolverhampton.gov.uk](mailto:palmerscrossprimaryschool@wolverhampton.gov.uk)

Website: [www.palmerscross.org.uk](http://www.palmerscross.org.uk) / [www.elstonhallmat.co.uk](http://www.elstonhallmat.co.uk)

Head of School: Mr D Nicholls



7.2.21

### **Advice to All Parents - Single case**

Dear Parents,

We have been advised by Public Health England that there has been a confirmed case of COVID-19 within the school. This confirmed case was from our year 3 and 4 key worker bubble, all children and staff from this bubble have been asked to isolate for 10 days.

This letter is to inform you of the current situation and provide advice on how to support your child. Please be reassured that for most people, coronavirus (COVID-19) will be a mild illness.

The school remains open to other key worker pupils that have not been working in this bubble.

### **What to do if your child develops symptoms of COVID 19**

If your child develops symptoms of COVID-19, they should remain at home for at least 10 days from the date when their symptoms appeared. Anyone with symptoms will be eligible for testing and this can be arranged via <https://www.nhs.uk/ask-for-a-coronavirus-test> or by calling 119.

All other household members who remain well must stay at home and not leave the house for 10 days.

The 10-day period starts from the day when the first person in the house became ill.

Household members should not go to work, school or public areas and exercise should be taken within the home.

Household members staying at home for 10 days will greatly reduce the overall amount of infection the household could pass on to others in the community

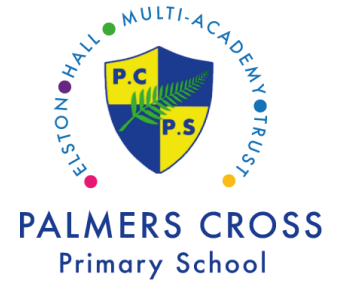
If you are able to, move any vulnerable individuals (such as the elderly and those with underlying health conditions) out of your home, to stay with friends or family for the duration of the home isolation period.



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## Symptoms

The most common symptoms of coronavirus (COVID-19) are recent onset of:

- new continuous cough and/or
- high temperature
- a loss of, or change in, normal sense of taste or smell (anosmia)

## For most people, coronavirus (COVID-19) will be a mild illness.

If your child or anyone in the household does develop symptoms, you can seek advice from NHS 111 at <https://www.nhs.uk/conditions/coronavirus-covid-19/check-if-you-have-coronavirus-symptoms/> or by phoning 111.

## How to stop COVID-19 spreading

There are things you can do to help reduce the risk of you and anyone you live with getting ill with COVID-19

*Do:*

- wash your hands with soap and water often – do this for at least 20 seconds
- use hand sanitiser gel if soap and water are not available
- wash your hands as soon as you get home
- cover your mouth and nose with a tissue or your sleeve (not your hands) when you cough or sneeze
- put used tissues in the bin immediately and wash your hands afterwards

## Further Information

Further information is available at <https://www.nhs.uk/conditions/coronavirus-covid-19/>

Yours sincerely,

Mr Nicholls  
Head of School



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